

## *Instructions For After Root Canal Treatment*

- Discomfort and swelling of the affected side usually occurs and **may feel worse two days after the procedure**. Tenderness when chewing may persist for two weeks. If tenderness does not appear to be lessening after two weeks, call our office.
- If the tooth becomes sensitive to the point that your sleep, or usual activities are affected, also call our office.
- Take all medications as directed. Antibiotics may be prescribed for infection. All of this medication should be taken as directed unless an allergic reaction develops. If there are signs of an allergic reaction (ie. rash, itching, unusual swelling), stop taking the medication immediately and call our office. If the reaction is severe (ie. difficulty breathing), go to the nearest Emergency Room.
- Your tooth has been temporarily restored. Return to your referring dentist for a permanent restoration 2 weeks after your root canal treatment is fully completed.
- During root canal treatment, the nerve, blood supply, and decayed tooth structure are removed. This results in the tooth becoming more prone to fracture. Be gentle with the tooth while eating until the final restoration is placed. Stay away from foods that may break the temporary filling or the tooth (e.g. popcorn kernels, carrots, chips, all hard or sticky foods).

**ALWAYS REMEMBER: IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT YOUR TREATMENT, PLEASE CALL OUR OFFICE**