

Post-operative Instructions for Children Following Surgery

1. Continue biting pressure with gauze on the extraction site for at least 30 minutes to stop bleeding. You can change the gauze as needed. If you run out of gauze you can substitute with a damp tea bag.
2. If sutures were placed, they will dissolve on their own and do not require removal.
3. Keep a soft diet for the next couple of days, taking liquids only for the next 3 hours and soft foods for the next 2 days.
4. Do not spit, suck through a straw or use a “sippy” cup today.
5. If medications for post-operative pain or antibiotics are prescribed, take them as directed. Make sure that the antibiotics are taken to completion.
6. If freezing was given today it is very important not to consume any hot drinks or food for the next 4 hours to avoid burning your mouth. Careful attention should also be taken to make sure that your child does not bite his/her lip.
7. Stainless steel crowns were placed today. Some sensitivity around the gumline is expected for today. Warm salt water rinses will help to speed healing in these areas. It is also important to know that stainless steel crowns have a greater tendency than normal teeth to retain plaque and require increased brushing in these areas.
8. Children’s Tylenol is recommended every 4 hours as needed for pain for today only.
9. We would like to make sure that everything is OK after surgery. Please call the office to arrange for a post-operative check in 2 weeks. If you have any questions or concerns please do not hesitate to call Dr. Miller at the phone number above.

